I am delighted to report that I have successfully completed the MMT course with Nordoff Robbins and am now a qualified and HCPC registered music therapist! Receiving a bursary from the Music Therapy Charity allowed me to dedicate more time to the training programme, taking a portion of the financial pressure off and allowing me the necessary reflective space in order to complete this intensive and rewarding course. Highlights of the course included three very inspiring placements; in a college for students with Profound and Multiple Learning Disabilities, a Neurological Rehabilitation Centre and a school for children with Autism Spectrum Condition. Each of these placements offered me the experience of working musically with a diverse range of clients and allowing me to see first-hand the impact that music can have.

The final part of the course was unavoidably impacted by Covid-19 but it is thanks to the tutors and course directors at Nordoff Robbins that our full cohort was able to qualify, supporting us and adapting to the situation so efficiently. Although opportunities may feel limited at this time, the need for music and connection is stronger than ever and I am fortunate to have started working part time as a music therapist with Nordoff Robbins. I hope over time that this work will grow, that music therapy will be offered to more and more people and that we can make music as accessible as possible to those that currently cannot access it.