

The Music Therapy Charity
Report - August 2020

The generous bursary I have received from the Music Therapy Charity has gone a long way in supporting me through my first year of study with Nordoff Robbins on the Master of Music Therapy programme. It has enabled me to access academic and technological resources otherwise intangible to me and, most crucially, gave me enough financial stability to stop working full time alongside the course and focus fully on my ambitions of becoming a professional music therapist. Not only have I been able to immerse myself in my course material, but I have had the time to broaden my practice with research into related areas of sociology, psychology, and disability studies, helping to me to deliver more effective music therapy.

My first year on the course has been rich, exciting, and full of personal and academic discovery. I have had the opportunity to make music with a range of wonderful people, from those just starting at school to those in end-of-life care. This programme is enriching me as a therapist, as a musician and as an individual.

Since having the extra time to study, I have developed a keen interest in the academic and research areas of music therapy work. I hope to use this interest to contribute to this exciting and expanding area of healthcare and social care. I would like to thank the Music Therapy Charity for their ongoing support of trainees such as myself and for their recognition of the importance and value of quality training in providing effective music therapy delivery around the UK.

Stella Hadjineophytou