

I have just completed my first year of study with Nordoff Robbins on their MMT course. The course is very busy but incredibly rewarding, with a mix of musical tuition from a team of experienced tutors, seminars on various aspects of the profession – including the history of Nordoff Robbins – and a weekly placement where I am working as a music therapist within an SEN school setting.

I have been especially enjoying the placement aspect of the course, which is allowing me to develop my practice and has been hugely rewarding thus far. I have worked with children and young adults with a wide range of diagnoses and have seen first-hand the difference that music can make, and feel immensely privileged to be able to bring music to people. My placement has served to demonstrate that music therapy really is the right profession for me.

So far I have largely used my bursary from the Music Therapy Charity to fund my personal therapy sessions which has hugely eased the stress of trying to put extra hours in at work to fund this in order to complete the course. Personal supportive therapy is greatly beneficial to my studies as it allows me the time and space to process everything happening on the course, and how it is shaping me both as a practitioner and as a person.

The bursary also enabled me to purchase a book which I used for an assignment when Covid-19 restrictions meant I was unable to access any libraries to look for resources.

My plans for my future career are to (hopefully!) continue working with Nordoff Robbins as a qualified music therapist in a range of settings, and to continue working as a freelance musician.