

Report for Music Therapy Charity – Year One

During my time on the training course so far, I have been given a multitude of opportunities to learn and develop as a music therapist. I have been able to experience working with a range of client groups, each with their own unique challenges and rewards. I have been able to develop and improve all aspects of my musicianship under expert guidance, and my confidence has continually grown throughout the year. I have had countless opportunities to make music with others, and have enjoyed meeting and growing close to a group of like-minded people. I have a deeper understanding of how people experience music therapy and what it can offer to them, and I continue to be inspired by the work of others, particularly my tutors.

The bursary has enabled me to fund personal supportive therapy, which gives me an opportunity to reflect on my work and the difficulties that can arise from training to be a music therapist. This in turn has enabled me to dedicate more time to my studies and less time to work, which means that I can improve my skills further.

In the future, I hope to work as a music therapist with a range of client groups. The course allows me to work with many different people, which will help to inform future decisions about which client groups that I may wish to specialise in. I am grateful for the assistance of the bursary, which has supported me in developing my skills and working towards being a music therapist.