

In September 2019 I began a master's degree with Nordoff Robbins after working in the IT sector since finishing my undergraduate degree in 2016. I have been very fortunate to be in receipt of a bursary from the Music Therapy Charity which has allowed me to spend a great deal more time focusing on the course itself, and a lot less time worrying about how to fund it! I started the course knowing that I really wanted to work with both music and people, yet lacking a lot of courage and confidence. The time that tutors on the course have invested in me, particularly during weekly supervision sessions, is gradually helping me to come out of my shell and develop into a music therapist.

In the last year I have been on two different placements – to begin with I was based with a qualified music therapist at a small care home for adults with learning difficulties. Since January I have been delivering music therapy at a school for children aged 3 through 19 with a wide array of additional needs, including a large population of students with motor difficulties. I have particularly enjoyed working with the children at the school. Each student has something different to bring, something unique - and they teach me something new every single day. I feel very fortunate to be studying on a course where I have the opportunity to work with such diverse groups of people.

In July 2021, all being well, I will graduate from the master's course and start practicing as a qualified music therapist. I have developed a lot as both a musician and a person in the last year with wholehearted thanks to the tutors at Nordoff Robbins; I am sure even more will happen in the next.