

The Music Therapy Charity - Bursary Report 2019/2020

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Looking back the first year of study in MA Music Therapy course, it's intense yet fruitful and memorable. The course structure and planning provided students with excellence placement opportunities and diversified lectures. Besides music therapy lessons, we also had lectures from other professionals, such as clinical psychologist, psychiatrist, physiotherapist and so forth. It allowed students to have a board knowledge about allied health industry and so to serve in the role of music therapist.

Practical work are relevant to the growth of therapist, thus I particularly looking forward to my placement. It was my pleasure to have the chance to work with a registered music therapist in a Dementia Care Home. It occupied two full days with a sum of 6 hours travel time in a week. Joining the weekly music therapy group session and assisting the individual sessions in the role of music therapy student, I am able to establish new relationship with residents and learn from all therapeutic sessions.

Similarly, I also enjoy the lesson time with my classmates. We've had improvisation, psychoanalytic seminars and all others lessons together. In the class size of eight, we can have plenty of group discussion time in classes which help deepen our learning and to generate our own thought in some specific topic. Psychoanalytic seminars encouraged us to do more readings on psychoanalytic concepts, which enhance our understanding in this therapeutic approach.

The course fee of international student is almost double of local/EU students. Financial matters are my all-time burden, which imposed great stress and worries alongside my studies. The funding turned into a crucial steppingstone in my study journey, it covered part of the expenditure in personal therapy, travelling fee and tuition. Thanks to the generous support from the Music Therapy Charity, I am able to focus on my academic work and have progresses in grades.