

Dear Music Therapy Charity Trustees,

I am writing to you to express my gratitude for the contribution to my studies. I am extremely grateful for the trust you had in me to support me with the Music Therapy Charity grant during my first year of Music Therapy studies at the Roehampton University.

The grant has helped me to focus on my studies as well as given me time to develop my musical skills and practice. During this year, I have taken up the guitar and autoharp, started composing music as well as developed my improvisation skills. It has been especially helpful at my placement in a secondary school for students with special needs where I was running a music therapy group for non-verbal students with complex needs. My further musical skills helped me to offer diversity in the sessions and use different musical techniques to run the group. Without the support, I would have needed more time to reach to that point.

Furthermore, it has helped me to finance my personal therapy which can be very expensive for a student. I was put in contact with an Art Therapist and am thoroughly enjoying our intense work together. Without the financial support, I could not have afforded to start sessions with him.

I would like to thank you for having the trust in me that I would benefit from this financial support. I could focus more on my studies and having the time for reading and developing my knowledge of music therapy as well as focus on the essay writing. I hope that further students would benefit from the Music Therapy Charity grant.

Yours sincerely,

Kadri Arula