

The Music Therapy Charity – Bursary Report

Jessica France, 1st year student

This bursary from The Music Therapy Charity has enabled me to complete the first year of my Music Therapy training. In turn, this has meant the successful completion of my first placement, a continued level of therapeutic and self-development, and a wealth of learning from the course. Ultimately, this has taken me one step closer to my future as a music therapist.

My placement required a large amount of travelling, but was an invaluable experience. The bursary helped me be able to afford my travel to and from placement which resulted in a successful completion of placement and a vital experience in my training.

Through the course so far I have learnt a range of music therapy techniques, important clinical skills and fundamental psychoanalytic theories. Through the range of teaching staff and visiting lecturers, I have a well rounded knowledge of the variety of Music Therapy settings, which has allowed me to really think about what inspires me and where I would like to go with my music therapy career.

Without the bursary it would have been hard to complete the first year to my fullest potential. It has therefore it has helped to put me in a position to be the best therapist I can.

Once I am qualified, I look forward to working in the world wide music therapy community, and participating to the ever expanding research taking place on the effectiveness of music therapy. Of particular interest to me currently is the use of therapeutic song writing, I hope to continue to research this throughout the remainder of the training and afterwards.