

## **Music Therapy Charity Bursary Report**

**Erin Williams-Jones**

I am very grateful to the Music Therapy Charity for the bursary awarded to me in receipt of my Neurologic Music Therapy training completed in September 2019 and resources to enrich my final year placement experience. The bursary provided the support needed to enhance my training experience and will be an invaluable contribution to my future career as a music therapist.

Having the knowledge and certificate in NMT has provided me with a broader range of skills upon qualifying as a music therapist. Having an understanding of different music therapy approaches will ensure I can work more closely with clients in the future and allow me to educate the wider multidisciplinary team on the different ways music therapy can contribute to client's lives. After attending the NMT training, I submitted a poster on my reflections of part of the training for the Music Therapy and Autism Conference held at USW in November. The poster was awarded "most engaging" poster of the conference and was a great opportunity to have a published piece of work before qualifying in 2020.

The bursary allowed me to purchase instruments for my final year placement. I believe the quality of instruments provided to the groups promoted self-worth and contributed to their engagement in music therapy. A variety of instruments allowed me to work with larger groups, enhancing my learning experience in my final year of training.

I would like to thank the Music Therapy Charity for enriching my experience as a trainee Music Therapist.